PenMet Parks

Senior Activity Calendar
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
9:00 LynnFit Lite	9:00 Trail Walkers	9:00 LynnFit Lite	8:00 Trail Walkers	9:00 LynnFit Lite
9:30 SAIL	9:00 Intro Line Dancing	9:30 SAIL	10:30 SAIL	9:30 SAIL
11:00 Tai Chi Level 2	10:30 SAIL	10:30 Intro to Tai Chi	11:00 Intro Art of Drawing	2:00 BINGO with Olympic Civic Services
5:30 Intro to Tai Chi	11:00 Intermediate Watercolor	12:00 Tai Chi Level 1	12:00 Line Dancing	
	12:00 Line Dancing	1:00 Advanced Watercolor	1:00 Art of Drawing	11:00 Senior Speaker Series - The Great Thanksgiving Listen
	1:30 Intro Watercolor		1:30 SAIL	
	1:30 SAIL		1:30 Mah Jongg	3:00 Tai Chi Sword Class
9	**10**	**11**	**12**	**13**
9:00 LynnFit Lite	9:00 Trail Walkers	9:00 LynnFit Lite	8:00 Trail Walkers	9:00 LynnFit Lite
9:30 SAIL	9:00 Intro Line Dancing	9:30 SAIL	10:30 SAIL	9:30 SAIL
11:00 Tai Chi Level 2	10:30 SAIL	10:30 Intro to Tai Chi	11:00 Intro Art of Drawing	11:00 Senior Speaker Series - Annual Medicare Update
5:30 Intro to Tai Chi	11:00 Intermediate Watercolor	12:00 Tai Chi Level 1	12:00 Line Dancing	
	12:00 Line Dancing	1:00 Advanced Watercolor	1:00 Art of Drawing	3:00 Tai Chi Sword Class
	1:30 Intro Watercolor	Rec Center Open 8am-5pm Happy Veteran's Day!	1:30 SAIL	
	1:30 SAIL		1:30 Mah Jongg	
16	**17**	**18**	**19**	**20**
9:00 LynnFit Lite	9:00 Trail Walkers	9:00 LynnFit Lite	8:00 Trail Walkers	9:00 LynnFit Lite
9:30 SAIL	9:00 Intro Line Dancing	9:30 SAIL	10:30 SAIL	9:30 SAIL
11:00 Tai Chi Level 2	10:30 SAIL	10:30 Intro to Tai Chi	11:00 Intro Art of Drawing	11:00 Senior Social Stitch & Chat
5:30 Intro to Tai Chi	11:00 Intermediate Watercolor	12:00 Tai Chi Level 1	12:00 Line Dancing	11:30 PPSA
	12:00 Line Dancing	1:00 Advanced Watercolor	1:00 Art of Drawing	1:00 Free Movie @ Galaxy Theater
	1:30 Intro Watercolor		1:30 SAIL	2:00 BINGO
	1:30 SAIL		1:30 Mah Jongg	3:00 Tai Chi Sword Class
23	**24**	**25**	**26**	**27**
9:00 LynnFit Lite	9:00 Trail Walkers	9:00 LynnFit Lite	Closed in Observance of Thanksgiving Rec Center Closed	Closed in Observance of Native American Heritage Day Rec Center Open 8am-5pm
11:00 Tai Chi Level 2		10:30 Intro to Tai Chi		
5:30 Intro to Tai Chi		12:00 Tai Chi Level 1		
30	**Locations:**			
9:00 LynnFit Lite	Headquarters - 2416 14th Ave NW		Rosedale Hall - 8205 86th Ave NW	
9:30 SAIL	Various Parks (will receive email with location)		Arletta Schoolhouse - 3705 Ray Nash Dr.	
11:00 Tai Chi Level 2	Senior Socials (off site)		Recreation Center - 2524 14th Ave NW	
5:30 Intro to Tai Chi				

PROGRAM INFORMATION - Visit **Penmetparks.org**, email **info@penmetparks**.org or call **253-858-3400**

Senior Socials - FREE

1st Friday | Senior Speaker Series - The Great Thanksgiving Listen #9971: Come and learn about StoryCorps' Great Thanksgiving Listen. It's a national effort to promote family story sharing, especially during the holidays when people gather together. If you have an interest in deepening the connections between the generations in your family, and preserving family history, please join us for this informational program.

2nd Friday | Senior Speaker Series - Annual Medicare Update #9888: Open Enrollment is that time of year when we need to learn about the upcoming changes in Medicare. You will likely have many questions about 2027 coverage changes. Join us for this important annual update, presented by an impartial and knowledgeable volunteer from the Statewide Health Insurance Benefits Advisors (SHIBA) program of the Office of the Washington State Health Insurance Commissioner.

Senior Socials - FREE

1st & 3rd Fridays | BINGO with Olympic Civic Services: FUN, FREE, AND PRIZES!

Usually 2nd & 4th Fridays | Stitch & Chat #10047: We will meet November 20 only this month (see below!)

Friday 11/20 | Free Movie (seniors only) Galaxy Theater Uptown: Pick up coupons at BBQ2U

Visit our Stitch and Chat group at their booth at the PHS Winterfest!

November 28th from 9am - 5pm and November 29th from 11am - 4pm