



# Youth Camps

## Baseball Camp

Learn the fundamentals of fielding, catching, throwing, hitting and running in a fun, positive environment. Campers learn new baseball skills required to participate in organized league.

Sehmel Homestead Park  
7/26 to 7/30 9a-3p Monday-Friday  
ID# 100 Fee \$133 Ages: 7 to 12

## Flag Football Camp

This camp is a great way for children to be introduced to football. Players learn the core components of passing, catching, and defense in a safe, fun and positive environment. The week ends with the Skyhawks Sports Bowl!

Sehmel Homestead Park  
7/19 to 7/23 9a-12p Monday-Friday  
ID# 101 Fee \$99 Ages: 6 to 8

## Lacrosse Camp

Lacrosse combines basic skill in soccer, basketball and hockey into one fast-paced game. Campers learn the fundamental of stick handling, cradling, passing and shooting in a fun, non-checking environment.

Sehmel Homestead Park  
8/2 to 8/6 9a-12p Monday-Friday  
ID# 102 Fee \$119 Ages: 7 to 12

## Tennis (Ages 5-7)

Tennis camp teaches the basic fundamental skills; learn proper grips, footwork, strokes, volleys and serves, as well as the rules and etiquette that make tennis an exciting game. Age appropriate games and equipment will be used in this fun filled week.

Sehmel Homestead Park  
6/28 to 7/2 9a-12p Monday-Friday  
ID# 104 Fee \$99 Ages: 5 to 7

## Tennis (Ages 7-12)

Sehmel Homestead Park  
7/26 to 7/30 9a-12p Monday-Friday  
ID# 103 Fee \$99 Ages: 7 to 12

## Sounders FC Half Day (Age 4 -15)

Designed for the recreational to intermediate player ages 4 -15. Coaches will place an emphasis on applying technical and tactical skills as it relates to the skill of the day! Take your game to the next level while having fun & learning new skills! Register @Soundersfc.com.

Sehmel Homestead Park  
8/9 to 8/13 9a-12p Monday-Friday  
ID# 134 Fee \$150 Ages: 4 to 15

## Sounders FC Full Day (Ages 7 -15)

Designed for the recreational to intermediate player ages 7-15. In addition to the half day curriculum Full Day Campers will apply their skills into larger sided games & scrimmages as it relates to the skill of the day! Campers will have additional time with coaches & fellow campers to work on new skills & tricks! Register @ Soundersfc.com.

Sehmel Homestead Park  
8/9 to 8/13 9a-6p Monday-Friday  
ID# 135 Fee \$220 Ages: 7 to 15

## Sailing Camp

Designed for all experience levels, from beginners to the most advanced sailors. During this two week camp participants will learn safety, rigging, knot tying, helmsmanship, basic racing, capsizing recovery, and much more. Some activities are shore-side but the majority of class time is spent in the boats, on the water. Fun drills such as sponge tag, knot tying relays, scavenger hunts and informal racing. Instructors are certified.

Tacoma Yacht Club - Wollochet Bay  
6/28 to 7/9 1:30p-4:30p Monday-Friday  
ID# 106 Fee \$225 Ages: 8 to 15



## Gig Harbor Kayaking Camp

Get ready for an amazing week of water adventures; learn to kayak, explore the rich maritime heritage of Gig Harbor and discover the marine environment. Spend three days kayaking inside the harbor; learn kayak safety, equipment, basic strokes and maneuvers. Explore Gig Harbor by pedal boat and learn about the marine environment. Instructors are certified. Camp is offered in partnership with Gig Harbor Rent-A-Boat and PenMet Parks.

### Gig Harbor Rent A Boat

7/5 to 7/9	10a-2p	Monday-Friday
ID# 105	Fee \$250	Ages: 9 to 14
7/19 to 7/23	10a-2p	Monday-Friday
ID# 136	Fee \$250	Ages: 9 to 14
8/9 to 8/13	10a-2p	Monday-Friday
ID# 137	Fee \$250	Ages: 9 to 14
8/23 to 8/27	10a-2p	Monday-Friday
ID# 138	Fee \$250	Ages: 9 to 14

## DaddyO's Board Room Indoor SK8 (Beginners)

Learn basic techniques, improve and learn advance tricks. Skaters will be divided by beginner and intermediate skill level and ages. The DaddyO's Team Riders will lead the camp in their new indoor Gig Harbor skate park. Snack and drinks are included. Campers supply own skateboard and helmet. To register call 253-857-1009.

### DaddyO's Board Room

6/21 to 6/25	9a-12p	Monday-Friday
ID# 139	Fee \$135	Ages: 4 to 8
7/19 to 7/23	9a-12p	Monday-Friday
ID# 140	Fee \$135	Ages: 4 to 8
8/2 to 8/6	9a-12p	Monday-Friday
ID# 141	Fee \$135	Ages: 4 to 8

## DaddyO's Board Room Indoor SK8 (Intermediate)

### DaddyO's Board Room

6/28 to 7/2	9a-12p	Monday-Friday
ID# 143	Fee \$135	Ages: 9 & up
7/12 to 7/16	9a-12p	Monday-Friday
ID# 145	Fee \$135	Ages: 9 & up
8/9 to 8/13	9a-12p	Monday-Friday
ID# 147	Fee \$135	Ages: 9 & up
8/23 to 8/27	9a-12p	Monday-Friday
ID# 148	Fee \$135	Ages: 9 & up



# Youth Sports and Activities



## Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game!" As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Sehmel Homestead Park  
7/8 to 8/26 4p-4:30p Th  
ID# 107 Fee \$66 Ages: 2 to 3-1/2

## Tot-Soccer

Encourages large motor skill development through soccer fun games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Sehmel Homestead Park  
7/8 to 8/26 4:40p-5:10p Th  
ID# 108 Fee \$66 Ages: 3-1/2 to 4

## Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment

Sehmel Homestead Park  
7/8 to 8/26 5:10p-5:40p Th  
ID# 109 Fee \$66 Ages: 4 to 5

## Soccer 1

Teaches the basic techniques of soccer for beginning players including dribbling, passing, receiving, shooting and goal keeping. Every participant will have a ball at their feet! Fun skill games played at every session. Small sided soccer matches will be introduced gradually.

Sehmel Homestead Park  
7/8 to 8/26 5:45p-6:30p Th  
ID# 110 Fee \$66 Ages: 5 to 6

## Soccer 2

Teaches the basic techniques of the game and reinforces good soccer habits. Introduces team tactics in an age specific format. Fun skill games will be played at every session. Small-side soccer matches will be played and enjoyed every week.

Sehmel Homestead Park  
7/8 to 8/26 6:30p-7:15p Th  
ID# 111 Fee \$66 Ages: 7 to 8

## Soccer 3

Teaches the basic and advance techniques of the game. Children review and expand upon their past soccer experience. Fundamentals are fortified and high-level skills are introduced such as dribbling moves, juggling, accurate shooting. Team tactics will be covered such as possession style of play, combination play and team shape. Small sided soccer matches played and enjoyed every week.

Sehmel Homestead Park  
7/8 to 8/26 6:30p-7:15p Th  
ID# 112 Fee \$66 Ages: 9 to 10



## QuickStart Tennis (Ages 5 - 7)

QuickStart Tennis an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, short court dimensions and modified scoring, all tailored to age and size. Learn to play tennis by having fun with specialized equipment, short courts, and modified scoring. It's the fast, fun way to get kids into tennis and keep them playing.

Sehmel Homestead Park  
6/5 to 6/26 10a-11:00 AM Sa  
ID# 113 Fee \$40 Ages: 5 to 7  
7/10 to 7/31 10a-11:00 AM Sa  
ID# 115 Fee \$40 Ages: 5 to 7  
6/9 to 6/30 6p-7p W  
ID# 117 Fee \$40 Ages: 5 to 7  
7/7 to 7/28 6p-7p W  
ID# 119 Fee \$40 Ages: 5 to 7

## QuickStart Tennis (Ages 8 - 12)

Sehmel Homestead Park  
6/5 to 6/26 11a-12p Sa  
ID# 114 Fee \$40 Ages: 8 to 12  
7/10 to 7/31 11a-12p Sa  
ID# 116 Fee \$40 Ages: 8 to 12  
6/9 to 6/30 7p-8p W  
ID# 118 Fee \$40 Ages: 8 to 12  
7/7 to 7/28 7p-8p W  
ID# 120 Fee \$40 Ages: 8 to 12

## Mommy/Daddy & Me Play Day

Fun packed play day designed for you and your child to have FUN! Creative games, interactive and cooperative play at the new Sehmel Homestead Park. PenMet staff will provide equipment, lead activities for parent and child.

Sehmel Homestead Park  
7/6 to 7/27 9:30 AM-10:45a Tu  
ID# 121 Fee \$26 Ages: 2 to 5  
8/3 to 8/24 9:30 AM-10:45a Tu  
ID# 122 Fee \$26 Ages: 2 to 5  
7/8 to 7/29 9:30 AM-10:45a Th  
ID# 123 Fee \$26 Ages: 2 to 5  
8/5 to 8/26 9:30 AM-10:45a Th  
ID# 124 Fee \$26 Ages: 2 to 5



## Adult Sports and Activities

### Gamesapalooza

It is all about fun and games. Join us for Ultimate Frisbee, capture the flag, tag and races lead by PenMet staff. Other activities include kickball, wall ball, tennis and basketball.

#### Sehmel Homestead Park

7/6 to 7/27	11a-12:15p	Tu
<b>ID# 125</b>	Fee \$26	Ages: 6 to 10
8/3 to 8/24	11a-12:15p	Tu
<b>ID# 126</b>	Fee \$26	Ages: 6 to 10
7/8 to 7/29	11a-12:15p	Th
<b>ID# 127</b>	Fee \$26	Ages: 6 to 10
8/5 to 8/26	11a-12:15p	Th
<b>ID# 128</b>	Fee \$26	Ages: 6 to 10

### Ultimate Frisbee

Ultimate Frisbee is an exciting, non-contact team sport that mixes sports such as Soccer, Basketball and Football into one high energy game. Come learn about the sport and skills while having fun.

#### Sehmel Homestead Park

7/6 to 7/27	12:30p-1:45p	Tu
<b>ID# 129</b>	Fee \$26	Ages: 10 to 13
8/3 to 8/24	12:30p-1:45p	Tu
<b>ID# 130</b>	Fee \$26	Ages: 10 to 13
7/8 to 7/29	12:30p-1:45p	Th
<b>ID# 131</b>	Fee \$26	Ages: 10 to 13
8/5 to 8/26	12:30p-1:45p	Th
<b>ID# 132</b>	Fee \$26	Ages: 10 to 13

### Co-ed Ultimate Frisbee

Gather your family and friends to form an Ultimate Frisbee team. Ultimate Frisbee combines the non-stop movement of soccer with the aerial passing skills of football the object of the game is to score, catching a pass in the opponent end zone. This is a self officiated non-contacted sport played in an open field with a specialized Ultimate Frisbee disc. Program is offered with KeyPen Parks, game held at Volunteer and Sehmel Park on Sunday early afternoon game times. Register @ Keypenparks.com or 253-884-9240.

#### Sehmel Homestead Park

8/1 to 9/12	1p-3p	Su
<b>ID# 133</b>	Fee \$195	Ages: 18 & up

### Adult Tennis - Women's Social Doubles

Looking for a place to play double of social game of tennis? Includes drills and doubles play. Players need to be rated 3.0 - 4.0.

#### Sehmel Homestead Park

6/8 to 6/29	6p-7:45p	Tu
<b>ID# 149</b>	Fee \$45	Ages: 16 & up
7/6 to 7/27	6p-7:45p	Tu
<b>ID# 150</b>	Fee \$45	Ages: 16 & up
8/3 to 8/24	6p-7:45p	Tu
<b>ID# 151</b>	Fee \$45	Ages: 16 & up

### Adult Tennis - Men's Social Doubles

Looking for a place to play double or social game of tennis? Includes drills and double play. Players need to be rated 3.0 -4.0.

#### Sehmel Homestead Park

6/3 to 6/24	6p-7:45p	Th
<b>ID# 152</b>	Fee \$45	Ages: 16 & up
7/8 to 7/29	6p-7:45p	Th
<b>ID# 153</b>	Fee \$45	Ages: 16 & up
8/5 to 8/26	6p-7:45p	Th
<b>ID# 154</b>	Fee \$45	Ages: 16 & up

### Adult Co-Rec Soccer

Adult co-rec, drop-in, outdoor soccer. \$40 punch card for 10 nights; bring receipt to field. \$5 per night at field.

#### Sehmel Homestead Park

5/19 to 7/30	6p-8p	W F
<b>ID# 155</b>	Fee \$40	Ages: 16 & up

### Adult 3-on-3 Basketball

Adult 3-on-3 basketball for men and women, pick-up play and league. Outdoor. \$40 punch card for 10 nights; bring receipt to field. \$5 per night at field.

#### Sehmel Homestead Park

5/17 to 8/25	5p-8p	M W F
<b>ID# 156</b>	Fee \$40	Ages: 16 & up

### Key to PenMet Park Class Locations:

Sehmel Homestead Park

10123 78<sup>th</sup> Ave. NW, Gig Harbor  
(78<sup>th</sup> Ave. NW & Sehmel Dr. NW)

Rosedale Park

86<sup>th</sup> Ave. NW & Rosedale, Gig Harbor

Gig Harbor Rent A Boat

8829 N. Harborview Dr., Gig Harbor

Tacoma Yacht Club

Wollochet Bay Outstation, Gig Harbor

DaddyO's Board Room

3201 Jahn Ave. NW, Gig Harbor

Kopachuck State Park

11101 56<sup>th</sup> St. NW, Gig Harbor

Volunteer Park

5514 Key Peninsula Hwy. N, Lakebay

Got a class idea ?  
for PenMet Parks

Call 253-858-3400

Instructors wanted  
for PenMet Parks

Call 253-858-3400



Register online @ [www.PenMetParks.org](http://www.PenMetParks.org)