



***PenMet Indoor  
Soccer Center  
Frequently Asked Questions***

## **Soccer Leagues:**

### **1. How many players on the field at a time?**

**U7 – U12:** These leagues will play on a full field with 7 v. 7 including the goalie. With 10 -14 players on a team.

**U13 - High School:** These leagues will play on a full field with 6 v. 6 including the goalie. With 10 -14 players on a team.

**Mens Open:** These leagues will play on a full field with 6 v. 6 including the goalie.

**Adult Coed:** These leagues will play on a full field with 6 v. 6 (minimum of 3 women) including the goalie.

The minimum and maximum number of players permitted on the field at the same time may change at the discretion of the PenMet Indoor Soccer Center Administration.

### **2. What kind of equipment do I need for soccer leagues?**

**Flat-Soled or turf studded shoes designed for artificial surfaces must be used.** Molded shoes must have more than 4 rear cleats to be allowed. **No outdoor cleats will be allowed.**

**Shin Guards are REQUIRED for all players.** Socks must be worn over shin guards and be pulled up to completely cover the shin guards. Goalkeepers or any other wearing any kind of protective gear (i.e.; knee pads) must wear the soft cushioned type.

A player may not wear jewelry (watches, bracelets, etc.) which is dangerous to themselves or other players.

**Jerseys for leagues will be determined by your team coach.** All team members must wear the same color jerseys to distinguish them from the other opposing team and the referee.

Soccer balls will not be provided by PenMet Indoor Soccer Center. Teams are responsible for providing their own soccer balls for each game.

Size #5: U13 thru Adult

Size #4: U9 to U12

Size #3: U8 and under



**Allowed:**



**Not Allowed:**

### **3. How long are games?**

All games will consist of two 24 minute halves. The half time interval will be 30 seconds. In the interest of time constraints the half-time will be shortened to catch up on lost time due to injuries or other stoppages in play. Time between games will be 1 ½ minutes and teams are required to be ready to play.

### **4. Are there Practices?**

No, there are no practices for leagues.

## **5. Where can I find my game schedule?**

See [WWW.TEAMSIDELINE.COM/PENMETPARKS](http://WWW.TEAMSIDELINE.COM/PENMETPARKS)

## **Soccer Classes**

### **1. What Soccer Classes do you offer?**

**Junior Soccer Classes** are for players who are new to soccer or only have basic soccer skills down but maybe haven't played games or are not quite ready to join a league.

Each Junior Soccer Class will work on skills and then have a game. It is designed to prep kids ages 2-12 to learn to play league soccer games. Fee includes t-shirt.

Games: Modified to 1/2 field with no referees. Players will be randomly assigned to mini teams each class. This provides players the opportunity to work on teamwork and sportsmanship.